Is it really a party or get-together without a plate of crispy baked potato skins? Potato skins are a classic appetizer that's usually the first thing to go at parties. Lucky for everyone, potato skins are really easy to make!

Start with small baked potatoes. Cut them in half and scoop out the fresh. (Use the flesh for mashed potatoes or another recipe.) The potatoes are brushed with a seasoned garlic butter and baked again. Then fill with bacon and cheese and baked again. Top with sour cream and fresh chopped green onions and they're ready to be devoured by your friends and family.

You can cook these gluten-free potato skins in an air fryer, too (see Recipe Notes). Serve this baked potato skins recipe as an appetizer or even a side dish with dinner instead of a loaded baked potato.

Cuisine: American
Prep Time: 15 minutes
Cook Time: 1 hour

Total Time: 1 hour and 15 minutes

Servings: 12

## **Ingredients**

- 6 small baking potatoes, washed well
- 2 tablespoons melted butter
- 1 teaspoon chopped fresh parsley
- 1/4 teaspoon seasoned salt
- 1/4 teaspoon garlic powder
- 3 4 slices bacon, cooked and crumbled
- 1 cup grated cheddar cheese
- chopped green onion, for serving
- sour cream, for serving

## **Recipe Notes**

• To cook the potato skins in an air fryer, preheat your air fryer to 400 degrees F. Bake the clean potatoes for 35 to 40 minutes, the scoop out the flesh, brush with the butter and air fry for another 7 to 9 minutes, flipping halfway through the cooking time. Sprinkle

with the cheese and bacon and cook about 2 more minutes.

- For easier cleanup, cover the baking sheet with parchment paper or aluminum foil.
- Store any leftovers in an airtight container in the fridge for up to four days.

## Here's how to make it:

- 1. To bake the potatoes, pierce all over with a fork and bake in a preheated 425-degree F oven for about 45 minutes or until tender. You could also microwave the potatoes until tender. Let the potatoes cool, then cut in half and scoop out the fresh, leaving about 1/4-inch thick shell. Put the potatoes onto a baking sheet.
- 2. Mix together the melted butter, parsley, seasoned salt and garlic powder in a bowl. Generously brush the inside of the potato skins with the mixture. Bake the potatoes for 15 minutes. Flip the potatoes over and continue to bake another 5 minutes or until crisp.
- 3. Flip the potatoes over again and fill with the bacon and cheese. Bake another 5 minutes or until cheese has melted. Top with sour cream and chopped green onions before serving.

## **Nutrition Facts Per Serving**

Calories: 260
Total Fat: 15.3g
Saturated Fat: 6.5g
Cholesterol: 41mg
Sodium: 1315mg

• Total Carbohydrate: 17.7g

Dietary Fiber: 1.7g
Total Sugars: 1.2g
Protein: 13.7g
Vitamin D: 2mcg
Calcium: 88mg

• Iron: 2mg

• Potassium: 581mg